



OCTOBER SNACK MENU



October 5 – October 9

Monday	Tuesday	Wednesday	Thursday	Friday
Milk PBJ Half	White Grape Juice Ritz Crackers	Milk Banana	Water String Cheese Dry Cheerios	Milk Tropical Fruit Salad
Water Wheat Crackers Applesauce	Milk Vanilla Wafers	Apple Juice Goldfish	Milk Pretzels	Strawberry Juice Graham Crackers

October 12 – October 16

Monday	Tuesday	Wednesday	Thursday	Friday
Milk Bananas	Milk Blueberry Muffin	Milk Pop-Tart	Cottage Cheese Apple Slices	Apple Juice Goldfish
Apple Juice Cheese-its	Water Mandarin Oranges Vanilla Wafers	Strawberry Juice Saltine Crackers	Water Oyster Crackers Cheese Cubes	White Grape Juice Chex Mix

October 19 – October 23

Monday	Tuesday	Wednesday	Thursday	Friday
Milk Peanut Butter Crackers	Milk Warm Mozzarella Sticks w/ Sauce	Milk Wheat Crackers	Milk Banana Bread	Water String Cheese Ritz Crackers
White Grape Juice Goldfish	Milk Granola Bar	Water Melon Cubes Cheese Cubes	Apple Juice Teddy Grahams	Milk Animal Crackers

October 26– October 30

Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt Raisins	Water Club Crackers Summer Sausage	White Grape Juice Graham Crackers	Milk Nutri-Grain Bar	Water Cottage Cheese Vanilla Wafers
Milk Carrot Sticks/Ranch	Milk Chocolate Chip Cookie	Milk Applesauce	Apple Juice Rice Krispie Bar	Milk Halloween Treats

Note for Toddlers: When we serve "hard" foods such as carrot or celery sticks, apples or pretzels, we will substitute a softer fruit or cheese or crackers for our toddlers